



# AGING Well

Only \$15!  
\$10 for  
pastors,  
educators,  
students  
(price  
includes lunch)

## 2017 Conference

April 22, 9am - 2pm  
Friedberg Moravian Church

[PlanetReg.com/AgingWellConference](http://PlanetReg.com/AgingWellConference)

Online registration and print registration form at the link

### A ministry of



*Dear Sisters and Brothers in Christ,*

*The Aging Well Team works to address the needs of the Older Adults in the Southern Province. We help congregations recognize the need for and then find meaningful ways of providing programming and resources for their members who are older adults, as they age and deal with a variety of challenges.*

*The Aging Well Team sponsors the "Senior Friends" Fall Rally and Spring Retreat. The 120 participants*

*(from 20 congregations) at the Fall Rally in October identified their needs and interests via questionnaire. Based on those responses, the Team has planned this one-day Aging Well Conference, which takes the place of the Spring Retreat in 2017. With top speakers in their field, this conference offers very helpful and educational sessions for the participants! We hope you'll join us on April 22!*

**-Joy Cole & Kathy Sparks, Co-conveners, Aging Well Team**



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## Workshops & Presenter Info

### Aging Well 2017 Conference

April 22, 9am - 2pm | Friedberg Moravian Church



#### Common Sense Tips for Caring,

**Presenter:** The Rt. Rev. Lane Sapp,  
Calvary Moravian Church

#### End of Life Issues, Challenges, & Solutions, **Presenter:** Ben

Limehouse, Attorney, Liipfert Law  
Group

#### Exercise at Home, **Presenter:**

Maria Moerk, Licensed Physical  
Therapist, Novant's Outpatient  
Clinic

#### Engaging Technology Without

**Fear, Presenters:** Andrew David

Cox, Communications Project Manager and Amy Linville, Interim College Minis-  
try Coordinator, both of Moravian Board of Cooperative Ministries (BCM)

#### Understanding Dementia, **Presenter:** Christina Hugenschmidt, PhD, Assistant

Professor, Section on Gerontology & Geriatric Medicine, Wake Forest School of  
Medicine

#### Pray as You Can, Not as You Can't, **Presenter:** Lori Carter, Co-Director of

the Congregational Nurse and Health Ministry Program at the Shepherd's  
Center of Greater Winston Salem; Interim Pastor for Congregational Care at  
Pfafftown Christian Church

#### Afternoon Singstunde\* and Stories from Across the Province

**Presenter:** The Rt. Rev. Sam Gray, Director of Intercultural Ministries and New  
Work, Board of World Mission, Moravian Church, North America

We'll also hear from the following individuals about their congregation's  
innovative ministries, which often benefit older adult Moravians:

- Kathy Sparks (Macedonia Moravian): Tuesdays at Two
- Grace Shutt (New Philadelphia Moravian): Healing Through Faith
- Pam Prevatt (New Hope Moravian): Caregivers Support
- Joy Cole (Unity Moravian): Single Sisters

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