

Weekly Faith Formation Update

October 26-30, 2020

With November right around the corner, here are a few activities to use for faith formation, whether your church is still meeting virtually or in-person!

Harvest Blessing Snack Mix

Each ingredient in the snack mix symbolizes something associated with the harvest season of Thanksgiving.

Materials Needed:

- Bugles to represent the cornucopia or horn of plenty
- Candy corn or popcorn (During the first winter, the pilgrims were each allotted only five kernels of corn per day because food was scarce.)
- Pretzel Twists to represent arms folded in thanks and prayer
- Dried fruit to represent the Thanksgiving harvest
- Peanuts or sunflower seeds to represent the potential of a bountiful harvest (make sure there are no nut allergies among the participants)

Combine in the bowl, mix, and enjoy!

Thankful Turkey

Materials Needed: Construction Paper, Markers and Pencil, Scissors

With a pencil trace your hand on construction paper, then cut it out with scissors. In the thumb area add a beak and wattle with marker. On each finger respond to one of these questions:

- What is going well in our life?
- Who do we appreciate?
- Who loves us?
- What is the abundance overflowing in our lives?

Fan Folded Leaves

Materials needed: Construction Paper (in leaf colors), [Leaf Pattern](#), Acrylic Paints and Brush, Scissors, Tape, Pipe Cleaners

Using the leaf patterns, trace it on the colored paper, then cut out the shapes. Paint the leaves with a brush damp with paint, making different size strokes across the front and back and let it dry. Make a ½ inch wide fold along one long edge of a leaf. Press a sharp crease to fold. Fold the rest of the leaf like a fan. Folds should run parallel to ½ inch fold. Fold in half crosswise, matching the short edges. Secure the stem end of the leaf with tape. Thread one chenille stem through the taped stem end to form the stem. Fold the end of the chenille stem over and twist to make sure it stays attached. Curl the other end of the chenille stem.