

Weekly Faith Formation Update

March 29- April 2, 2021

As we move away from Easter Sunday, here are a few tips for the stories that come right after Jesus death and resurrection.

[The Road to Emmaus | Deep Blue Rotation Station](#)

On the same day that the women discovered that the tomb was empty, two disciples were traveling to a village called Emmaus.

Take five steps forward.

The two disciples were talking to each other about everything that happened the last few days. While they were discussing these things Jesus himself arrived and joined them on the journey but the disciples did not recognize that it was Jesus.

Close your eyes as you listen to the next part of the story.

When Jesus asked the disciples what they were talking about, they told him about Jesus of Nazareth and the events that had recently happened.

Open your eyes.

The three men walked in silence for a while.

Take three steps forward.

Then one of the disciples said, “There’s more to the story women from our group went to the tomb early this morning and didn’t find Jesus’ body. They said they had seen a vision of angels who told them he is alive.

Look surprised!

Then Jesus, who the disciples still didn’t recognize, interpreted the scriptures for them, starting with Moses and the prophets.

Cup your hands around your ear to listen carefully.

When they came to Emmaus, the disciples invited Jesus to stay and eat with them.

Sit down and pretend to eat.

While they were sharing the evening meal, Jesus took bread, blessed it, broke it, and gave it to them.

Close your eyes and inhale deeply, pretending you can smell the bread.

As Jesus broke the bread, the disciples recognized him.

Open your eyes.

Jesus then disappeared from their sight and the two disciples returned to Jerusalem and told the other disciples what had happened.

Stand up, turn around, and take 8 steps to return to the place you started.

Easy Bread to Share

Materials needed: scissors, tape, quart size resealable plastic bags, flour, sugar baking powder, salt, 1-cup measuring cup

Set up an assembly line of flour sugar, baking powder, and salt. Place each ingredient in a bowl. Place a one cup measuring cup in the flour, a tablespoon in the sugar, a tablespoon in the baking powder, and a teaspoon in the salt.



In today's Bible story the disciples recognized Jesus when he broke the bread. Can you remember any other Bible Stories about Jesus and bread? Before he died, Jesus asked his disciples to remember him whenever they ate bread. Today you're going to make bread mixes that you can share with other people.

- Give the child a quart size plastic bag and a copy of Bread Mix Labels (below) and scissors
- Encourage each child to cut out the labels and tape a label on each plastic bag.
- Have child wash their hands.
- Encourage child to add the following ingredients to each bread bag they make: 1 cup flour, 3 tablespoons sugar, 1 tablespoon baking powder, and 1 teaspoon of salt.
- Have the child close each bag tightly.

This bread mix is called "easy bread" because it is easy to make. All you need to add to the mix is a carbonated beverage. Think about whom you can share your bread mixes with. When you give someone a bread mix, tell them about the story of Jesus appearing to the disciples on the road to Emmaus and how the disciples recognized Jesus when he broke bread.

Easy Bread

Preheat oven to 375 degrees.

Pour bread mix into bowl and add 12 ounces of soda. Mix well. Pour into a bread pan sprayed with cooking spray. Melt 1 tablespoon butter and drizzle over top. Bake 40-50 minutes.