# Lord, Who Throughout These Forty Days 341

1. Lord, who throughout these forty days  
   for us did fast and pray,  
   teach us with you to mourn our sins,  
   and close by you to stay.
2. As you with Satan did contend,  
   and did the vict'ry win,  
   O give us strength in you to fight,  
   in you to conquer sin.
3. As you did hunger and did thirst,  
   so teach us, gracious Lord,  
   to die to self, and so to live  
   by your most holy word.
4. And through these days of penitence,  
   and through your Passiontide,  
   for evermore, in life and death,  
   O Lord! with us abide.
5. Abide with us, that through this life  
   of doubts and hope and pain,  
   an Easter of unending joy  
   we may at last attain!

TEXT: Claudia F. Hernaman (1873), alt.

TUNE: Abridged from John Daye's Psalter (1562)

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