

For Faith Leaders: Helpful resources

There are excellent resources for faith communities and their leaders to enhance their knowledge and skills to better serve congregants.

American Psychiatric Association

Quick Reference on Mental Health for Faith Leaders - a companion to this guide, psychiatry.org/faith

Understanding Mental Disorders: Your Guide to the DSM-5® a new book from APA based on the latest, fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders*—known as *DSM-5*.

www.psychiatry.org/mental-health/understanding-mental-disorders

NKI Center of Excellence in Culturally Competent Mental Health

Pastoral Education Guide and **Pastoral Education Workbook**

<http://ccase.org/our-products/>

The Guide includes a case example of depression complicating grief requiring referral, and the Workbook discusses the use of a depression screen to help identify people who may need to be referred.

Mental Health Information for Ministers (Unitarian Universalist Mental Health Ministry)

www.mpuuc.org/mentalhealth

Mental Health Ministries www.mentalhealthministries.net/

Mental Illness and Families of Faith: How Congregations Can Respond (Study Guide)

National Catholic Partnership on Disability www.ncpd.org

Welcomed and Valued: Building Faith Communities of Support and Hope with People with Mental Illness and Their Families (Resource Manual and DVD)

Mental Illness Ministry of the Chicago Catholic Archdiocese www.miministry.org

Caring Clergy Project <http://inmi.us/for-clergy/>

Videos for Clergy (making referrals, suicide prevention and intervention, and more)

United Church of Christ Mental Health Network www.mhn-ucc.blogspot.com

Interfaith Network on Mental Illness www.inmi.us

Pathways to Promise, The Way of Companionship

www.pathways2promise.org/resources/the-way-of-companionship/

Religion and Ethics Weekly (PBS/WETA) Episode on Churches and the Mentally Ill

www.pbs.org/wnet/religionandethics/2012/06/22/june-22-2012-churches-and-the-mentally-ill/11386/

NAMI FaithNet www.nami.org/faithnet

SAMHSA Faith-based and Community Initiatives www.samhsa.gov/faith-based-initiatives

(Substance Abuse and Mental Health Services Administration)

Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities

<http://tucollaborative.org/religion-spirituality/>