




The Mental Health Association in Forsyth County, Inc.

1509 S. Hawthorne Road
Winston-Salem, NC 27103

Phone: 336-768-3880 ♦ Fax: 768-3505 ♦ www.triadmentalhealth.org

 facebook.com/triadmentalhealth

Local Mental Health Crisis/Call/Walk-In Services

- 1) **Cardinal Innovations Healthcare:** **1-800-939-5911**
available 24/7/365. Call this number if you are experiencing a mental health crisis and/or to access publicly funded mental health services. Cardinal helps those who are uninsured or those who have Medicaid access mental health, substance use services.
- 2) **Daymark Recovery Services/Mobile Crisis Services:** **(336) 607-8523**
650 N. Highland Avenue, Winston-Salem. Daymark provides walk-in and emergency behavioral health services; services provided by licensed clinicians for the uninsured, Medicare, and Medicaid. Daymark also operates 24/7 Mobile Crisis Services to anyone in the community. **24/7 Mobile Crisis Number: 1-866-275-9552**
- 3) **Monarch Behavioral Health:** **(336) 306-9620**
4140 N Cherry Street, Winston-Salem. Walk in services - **MUST arrive by 3:00 pm** (Monday to Friday) to be seen same day. They can help with medication request and see a psychiatrist via tele-conferencing. Mental health services for the uninsured and Medicaid. Monarch does accept services via Medicare and private insurance.
- 4) **Novant Behavioral Health Assessment Center:** **(336) 718-3550**
175 Kimel Park Drive, Suite 100, Winston-Salem. Please call before going to the assessment center for triage and/or to schedule an appointment. Open 24/7/365. Services provided by licensed clinicians.
- 5) **Old Vineyard Behavioral Health:** **1-855-234-5920**
3637 Old Vineyard Road, Winston-Salem. Call to schedule an assessment, make a referral, walk-ins welcome and/or referrals from community providers.
- 6) **If you are in a MEDICAL CRISIS or if all else fails: (a) dial 9-1-1 or (b) go to the nearest emergency room.**

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