



LOCAL, STATE & NATIONAL MENTAL HEALTH & SUBSTANCE ABUSE WEBSITES OF INTEREST

American Foundation for Suicide Prevention

www.afsp.org

Provides information about suicide, support for survivors of suicide, prevention, research and more.

Mental Health Association in Forsyth County

www.triadmentalhealth.org

Organization that works to improve the quality of life for the citizens of Forsyth County, North Carolina with mental illness through advocacy, education and support services.

North Carolina Psychiatric Association

www.ncpsychiatry.org

Medical organization with approximately 900 psychiatric physician members that promotes the highest quality care for North Carolina residents with mental illness, including substance use disorders.

NAMI (National Alliance on Mental Illness)

www.nami.org

National organization dedicated to reducing the stigma of mental illness for persons and their families affected by severe and persistent mental illness.

National Institute of Mental Health

www.nimh.nih.gov

Component of the National Institutes of Health charged with generating the knowledge needed to understand, treat and prevent mental illness.

Mental Health America

www.mentalhealthamerica.net

National organization dedicated to the promotion and prevention of mental health, substance abuse conditions and the achievement of victory over mental illness through advocacy, education, research and services.

Insight Human Services

www.insightnc.org

Coordinates statewide resources and provides services to reduce the negative impact of substance abuse and mental illness on North Carolina's individuals, families and communities.

Winston-Salem Alcoholics Anonymous -- Online

www.w-saa.org

Fellowship of men and women who share their experiences, strengths and hopes with each other that may solve their common problem and help others recover from alcoholism.

Substance Abuse and Mental Health Services Administration

www.samhsa.gov

The Substance Abuse and Mental Health Services Administration's (SAMHSA) mission is to reduce the impact of substance abuse and mental illness on America's communities.